



# SmartKids Street 10 Talk

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## An Environment That Positively Impacts Your Children

Play is how children learn and different types of play stimulate different developmental areas. Play may be physical, imaginative or explorative. Physical play helps to develop strength, stamina, confidence and coordination. It allows for freedom of movement and freedom of being. Imaginative play encourages children to express themselves through role-playing which helps to develop lateral, abstract and conceptual thinking. Self-expression also helps children to develop socially as they learn to relate to others through their pretend games and adventures. Explorative play helps a child to learn about the world around them in a concrete way which helps hand-eye coordination, and fine and gross motor skills, and increases understanding of concepts.

Young children strive to make sense of the world in which they live. They try to organize the visual images and concrete objects in their environment into meaningful systems. Children want to determine how the space works and what activities can happen in this place. Today's young children are spending a large number of hours in a "new" environment—child care.

At SmartKids, we believe that children have a natural desire to learn. Our mission is to nurture and encourage this love of learning by providing exciting, inspiring, hand-on experiences daily. SmartKids Early Learning Goals (curriculum) is guided by the research based belief that children learn through active play. Our curriculum focuses on six areas:

1. Personal, Social and Emotional Development
2. Communication and Language Development
3. Mathematical Development
4. Knowledge and Understanding of the World
5. Physical Development
6. Creative Development

Each day your child is guided through different learning centers that are developmentally appropriate for their age and skill level by experienced and knowledgeable teachers and assistants. We provide children with a structured environment where they have freedom to make choices and the children develop confidence to explore new environments.

### Important dates to remember

#### Fire Drill

Week of 25 February to 1 March

#### Parent/Teacher Meetings.

Week Commencing 18th–22 March

Friday 29th March–End of Term 2

1st April–5th April

Easter Holiday

#### School is closed

Children return to SmartKids on Monday 8th April.

#### NO SCHOOL

Friday 19th April

Hung King Festival

Tuesday 30th April

Reunification Day

Wednesday 1st May





## Parent/Child Group

Our Parent/Child Group on Tuesdays and Wednesday from 8:30 a.m. — 10:00 a.m., is a good introduction for the children and parents to understand the SmartKids philosophy where children learn through play. The children who have attended the Parent Child Group throughout the three different locations have transitioned smoothly into the kiddies classes.

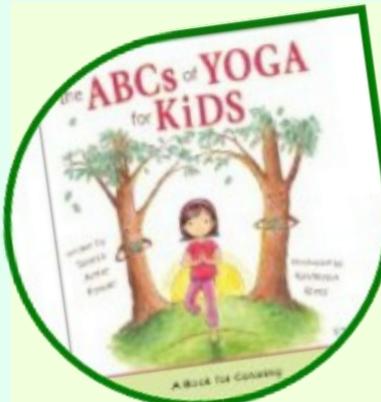


## Yoga in Big Kids Group

- Children derive enormous benefits from yoga. Physically, it enhances their flexibility, strength, coordination, and body awareness. In addition, their concentration and sense of calmness and relaxation improves.

On Friday's in the Big Kids Group I practice children's yoga. Our music favorite song is "Yogini Went to Sea" which incorporates hand motions to develop both sides of the brain. You can download the music from iTunes and there are "youtube" videos of the movements.

Yoga is also used to develop early literacy skills. On Mondays as a way to enhance children's learning during "Jolly Phonics" with the Big Kids, we practice yoga postures to match the letter sound each week. We use the book "the ABCs of YOGA for Kids", by Teresa Anne Power.



## AFTER SCHOOL ACTIVITIES

Each SmartKids location offers After School Activities.

Tuesdays: Thao Dien

Wednesdays: Tran Ngoc Dien

Thursdays: Street 10

SmartKids offers a special price for children currently enrolled at SmartKids of 318,000 VND per class. You can sign up for any location you choose.

TOPICS for ASA include:

Music and Movement

Obstacle courses and Social Interaction Games

Yoga and Creative Play

Cooking

