## ACTIVITIES & LINKS TO KEEP YOUR 18 MONTHS - 3.5 YEARS OLD ACTIVE & HAVING FUN WHILE THEY ARE AT HOME.





SmartKids' "Play-2-Learn" builds on 40+ years of experience demonstrating how learning through play is a powerful and effective approach to ensure children's healthy development, wellbeing, and learning. Play can support the holistic development and resilience children need to thrive in a complex and constantly changing world.

Kind Regards, International Child Care & Learning Centres

# QUICK SET UP ACTIVITIES

#### TODDLERS AND TONGS

Empty a box of small blocks on the floor and give your child a tong and different sized containers, Watch them move the blocks from one container to another. Toddlers love moving objects around, experimenting with filling containers and emptying them again. Using tongs adds an extra fine motor challenge.

#### TUB OF WATER

Water play is always a hit amongst young children. Children could wash their toys, transfer from one container to another, experiment to find out which toy floats and sinks. Remember to always supervise young children when around water.



#### CARBOARD BOXES

Let their imagination run wild – maybe it's a bus, or a train, a spaceship? Cardboard boxes make great canvases too just make drawings on with crayons, pencils or even paint.

Find more on https://handsonaswegrow.com/



thebestideasforkids.com

and becomes dry. Once it starts to form a ball take off the heat. Once cool, knead for 5 minutes.

#### PLAYDOUGH

Having play dough on hand makes a wonderful no prep activity. Buy some or make your own Add trucks and tractors, cookie cutters, bowls, patty pans. It really is a limitless and much-loved activity.

#### **KIWICO AT HOME ACTIVITES**

KiwiCo was created to celebrate kids' natural creativity and curiosity, while helping parents who want to bring enriching experiences to their children. Kwico has created a great library of at home STEAM activities. https://www.kiwico.com/blog/activities-at-home

#### **TEACHING 2 AND 3 YEAR OLDS**

Playful learning for toddlers & preschoolers. This website has hundreds of engaging activities for 2-3 year old's. Choose a theme to simple activities your child will love. <u>https://teaching2and3yearolds.com/category/home-</u> activities/

### EARLY CHILDHOOD

Early Childhood Australia has developed a variety of resources for parents.

http://www.earlychildhoodaustralia.org.au/parentresources/

## **ACTIVITIES WITH MINIMAL RESOURCES**

## PAINT CHIP CARDS

Make a simple puzzle by cutting the paint card in two/3 etc. Draw a simple picture on a paint card and cut along the lines or make the activity harder by cutting zig-zags. https://happilyevermom.com/



#### LOOK CLOSER

Give your child a magnifying glass and let them explore the house. Everything looks very different close-up. Head outside and look closer at

plants and bugs.

### THE LITTLE ARTIST

Yes painting can be messy but it is lots of fun. You can create s stress free painting experience simply by restricting the painting environment. Attaching paper to an easel, taping it to a window or using an inverted pizza box will help young ones understand the allowable paint space. An old apron or cut dustbin bag will not only protect your child's clothes but add to the whole experience. Limiting choices of paint and brushes by no means limits fun, it just creates boundaries to work by. Enjoy.

### CUTTING

Practicing scissor skills is an activity children enjoy doing over and over again.



#### HANDS ON AS WE GROW ®

All about learning to do hands on activities with your kids. It shares lots of practical, easy activities, and sneaks in learning opportunities whenever possible. You'll find crafts, art projects, gross motor activities, and fine motor activities regularly on the blog. And a couple times each month it does a collection of play activities on a theme, such as what to do with all your crayons!

https://handsonaswegrow.com/

#### STARTING BLOCKS



Having a stimulating environment, plus good nutrition and health, will help the brain develop and positively influence your child's physical, social, emotional, cognitive and language skills. <u>https://www.startingblocks.gov.au/your-childs-</u> development/

Think Jalk Feel Positive Positive

What we mostly seem to say!
What changes we can make!
Don't run! Use your walking feet.
Don't hit!
Please touch softly/ be gentle.
Don't yell/scream! Use inside voices/ a quiet voice please.
Don't fight!
Use your words, please.
Don't climb on the table! Keep your feet on the floor, please.
You might fall.
Don't throw sand!
Keep the sand in the sandpit. Your friend might get sand in the eyes.
Don't throw toys!
Your friends will be hurt /
the toys will break.
Also very compelling is to use "I" message :

Also very compelling is to use "I" message : I would like you to do...... This shows your feelings & your child will respond positively

At SmartKids, we "Play to Learn" and prepare children for the future, both academically, emotionally and behavioral.

Our daily classes start from 18 months old, with flexible programs. We have an International program and a Dual-Language program. Are you interested in a facility tour and more detailed Information please contact Ms Yoko 0903 957 316 or Ms Yen 0909 596 075

