

ACTIVITIES & LINKS TO KEEP
YOUR 18 MONTHS - 3.5 YEARS OLD, ACTIVE &
HAVING FUN WHILE THEY ARE AT HOME.



SmartKids' "Play-2-Learn" builds on 40+ years of experience demonstrating how learning through play is a powerful and effective approach to ensure children's healthy development, wellbeing, and learning. Play can support the holistic development and resilience children need to thrive in a complex and constantly changing world. Kind Regards, International Child Care & Learning Centres

QUICK SET UP ACTIVITIES

TEDDY BEARS PICNIC

Invite your teddy bears and family members to a teddy bears picnic in your backyard! Create your own teddy bear ear headbands to wear, lay out a picnic blanket, fill a picnic basket and enjoy a picnic lunch or afternoon tea in the fresh air! You could also read books, have a pretend tea party (with water) or play hide and seek! Make sure you take a photo and share your picnic with us!

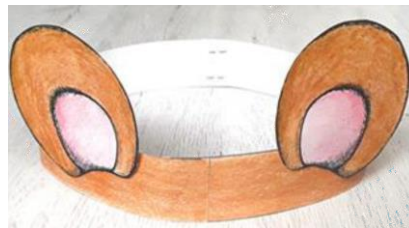
TEDDY BEAR, TEDDY BEAR SONG

Teddy bear, teddy bear, Turn around!
Teddy bear, teddy bear, Touch the ground!
Teddy bear, teddy bear, Jump up high!
Teddy bear, teddy bear, Touch the sky!
Teddy bear, teddy bear, Bend down low!
Teddy bear, teddy bear, Touch your toes!
Teddy bear, teddy bear, Turn out the light!
Teddy bear, teddy bear, Say good night!

<https://www.youtube.com/watch?v=7X0Q4F--g0s>

TEDDY BEAR HEADBAND

You will need a strip of paper or cardboard and some ear shapes and crayons or pencils for decorating. Once decorated staple the ends together to create your headband to fit.



ANZAC BISCUITS

Ingredients :

2 cups rolled oats
125g butter
2 tbsp hot water in which you put
1 tsp bicarbonate of soda
3/4 cup sugar
1 tbsp golden syrup
1 cup plain flour

Method:

Mix dry ingredients. Melt butter and syrup and add soda and water. Pour into dry ingredients. Roll into walnut sized balls.

Cook in a slow oven, 150-160 C, for about 20 minutes.

From the CWA Cookbook - 1914 version



MUFFIN TRAY BALL SEQUENCING

This is a fun way to work on visual sequential memory skills. Sit opposite your child each with the same 5 coloured balls. Have a tea towel as a cover. Let your child see you place 4 of the balls in a pattern in the tray. Cover and encourage your child to remember and mirror your pattern.



TODDLER GYM

Does your child love to jump and roll around the house? This video will guide your children so they can perform these fun moves safely.

<https://www.youtube.com/watch?v=i6y4lWVAXwA>

MINDFULNESS FOR TODDLERS

Mindfulness strategies for tots revolve around the senses and getting kids to recognize what they're feeling on the inside before acting out in a negative way.

<https://www.healthline.com/health/childrens-health/mindfulness-for-kids#school-age-children>

FISHER-PRICE PARENTING INFO

Explore through a wide variety of parenting articles by age, with tips from experts. Find answers to preparing for baby, caring for newborns, toddlers and ...

<https://www.fisher-price.com/en-gb/articles>

BEST IDEAS TO KEEP YOUR CHILD BUSY

A wide variety of Activities, Parenting support and lots more for you to explore and experience with your kids.

Crafts | Activities | Slime | Recipes | Parenting | Printables

<https://www.thebestideasforkids.com/>



ACTIVITIES WITH MINIMAL RESOURCES



OUTDOOR READING STATION

Set up a reading station outside with a blanket, some comfy pillows and blankets and let the children read!



CEREAL PUZZLES

A great way to recycle those cereal boxes! Cut the front picture off the cereal box and cut into the amount of pieces your child would be able to achieve and a couple that would be a challenge. (eg start with 4 and progress to 8 pieces)



SMALL WORLD PLAY

Make a town inside a large cardboard box for a fantastic small world play time that uses the whole body! Such a great way for toddlers and pre-schoolers to play together indoors or outdoors. Add small blocks, cars, wooden people and draw roads etc in the box.



GIANT ABACUS

String large coloured beads in a large cardboard box or attach to a fence. Kinaesthetic learning and fun, with some motor skills mixed into the play too



9 Things You Should Say To Your Children Everyday

1. "I love you." Say it to them as often as you can
2. "I like it when you..." Talk about the positive aspects of their behaviour.
3. "You make me happy when..." This makes them feel valuable.
4. "I'm proud of you." They need to hear they're doing a good job, even when it's hard.
5. You are special." Let them know their uniqueness is a strength.
6. "I trust you." Building a foundation of trust raises an honest person.
7. "I believe in you." Teach them how valuable they are.
8. "I know you can do this!" Encourage them to never give up.
9. I am grateful for you." Be specific, this can really make their day!



At SmartKids, we "Play to Learn" and prepare children for the future, both academically, emotionally and behavioral. Our daily classes start from 18 months old, with flexible programs. We have an International program and a Dual-Language program. Are you interested in a facility tour and more detailed Information please contact Ms Yoko 0903 957 316 – yoko@smarkkidsinfo.com or Ms Yen 0909 596 075

Let's Explore

