

ACTIVITIES & LINKS

TO KEEP YOUR 3.5-6 YEARS OLD, ACTIVE & HAVING FUN WHILE THEY ARE AT HOME.



SmartKids' "Play-2-Learn" builds on 40+ years of experience demonstrating how learning through play is a powerful and effective approach to ensure children's healthy development, wellbeing, and learning.

Play can support the holistic development and resilience children need to thrive in a complex and constantly changing world.

Kind Regards, International Child Care & Learning Centres

QUICK SET UP ACTIVITIES

COTTON BUD PATTERN MATCHING

Colour the ends of your cotton buds with textas. Colour some with the same colour on each end and others with alternating colours. Draw a few pattern combinations on a sheet of paper and then encourage your child to copy the pattern.

SUPERSIZED NOUGHTS AND CROSSES

A fun spin on the traditional noughts and crosses game and you can make your own by painting rocks and drawing a game board in the dirt or on a large piece of cardboard. The aim of the game is to try and get three in a row!

MAGIC PAINTING

Do some magic painting! Draw a simple design on paper with a white candle or crayon. Make up paint (food colouring and water) in a few strong colours and encourage your child to paint the paper to reveal the lovely designs – they'll be amazed.



PAPER BAG PUPPETS

Set up a craft table with paper bags, glue, wool coloured paper, coloured cupcake cases and make your own puppets out of a paper bag. Place your hand in the bag opening to demonstrate how the bag can be used as a puppet. A fun way to open discussions about feelings with your child.



TRAVELLING WATER EXPERIMENT

This experiment requires only four supplies and is fun for all ages!

- Small plastic cups or glasses
- Paper towels
- Food colouring in primary colours
- Water

Fold a paper towel into thirds lengthways and fold over the edges of cups placing each end in a cup of coloured water. As the paper towel absorbs the colour from each cup and travels upwards, the colours will start to move and blend.



SCHOLASTIC APPS

Scholastic Apps are based on popular characters and series that children love. Your preschooler might especially like Go, Clifford, Go!

<http://www.scholastic.com/apps/index.html>

BUILD A WORD

Based on the PBS Kids television show, users can select letters to build words to identify images of ducks, sheep, pigs, and more. (iPad, iPod Touch, and iPhone). <https://www.wordworld.com/>

STARTING BLOCKS – CHILD DEVELOPMENT 3-5 YEARS

Having a stimulating environment, plus good nutrition and health, will help the brain develop and positively influence your child's physical, social, emotional, cognitive and languages skills.

<https://www.startingblocks.gov.au/your-childs-development/3-5-years>

FUN BRAIN

Funbrain offers hundreds of games, books, comics, and videos that develop skills in math, reading, problem-solving and literacy. <https://www.funbrain.com/pre-k-and-k-playground>



NATIONAL GEOGRAPHIC KIDS

This is where you can discover some of the coolest facts for kids from around our planet. From animals and geography to science, nature and history, there are so many amazing facts for kids just waiting to be discovered by young explorers like you!

<https://www.natgeokids.com/au/>

ACTIVITIES WITH MINIMAL RESOURCES



CLAPPING GAMES

Bilateral coordination, memory and cognitive skills, and cooperative play are all packed into these fun songs and games – and they'll also take you for a little stroll down memory lane!

<https://theinspiredtreehouse.com/wp-content/uploads/2013/09/activities-for-kids-classic-hand-clapping-games-final.pdf>



I SPY WITH A TWIST

I Spy will develop your child's cognitive skills, social skills, and visual perceptual skills. Try these themes for your game of I spy!



1. Colours
2. Shapes
3. Actions ("I spy something you can throw")
4. Textures ("I spy something rough")
5. Alphabet ("I spy something that starts with the letter "A")
6. Distance ("I spy something 10 feet way")
7. Habitats ("I spy somewhere a bird would live")
8. Memories ("I spy a place where we camped out one night")
9. Senses ("I spy something that smells sweet")
10. Numbers ("I spy 5 flowers")

Let's Explore

5 key steps TO HELP DEVELOP EMPATHY IN CHILDREN

1

START BY PRACTICING EMPATHY

Model empathy. Say, "What do you think she is upset about?" "How would you feel if that happened to you?"

2

READ BOOKS THAT TEACH EMPATHY, CARING AND KINDNESS

Ask questions "What are some things we can do to be kind to others?" or "Do we know anyone that might need a little extra kindness and love?"

3

MAKING A DIFFERENCE AT HOME

Give your children small achievable tasks to help around the house. Emphasize social skills like saying please and thank you, sharing with siblings, and recognizing when others might be having a tough day.

4

MAKING A DIFFERENCE IN THE COMMUNITY

As your child makes a difference at home, you may expand your focus into the community. eg Donate clothing, toys or food.

5

MAKING A DIFFERENCE GLOBALLY

Participate in activities that make an Impact on a global scale. eg. Donate items to those affected from a natural disaster.

At SmartKids, we "Play to Learn" and prepare children for the future, both academically, emotionally and behavioral.

Our daily classes start from 18 months old, with flexible programs. We have an International program and a Dual-Language program.

Are you interested in a facility tour and more detailed Information please contact Ms Yoko 0903 957 316 – yoko@smartkidsinfo.com or Ms Yen 0909 596 075

You can find out more at www.biglifejournal.com/blogs/blog

