

ACTIVITIES & LINKS

TO KEEP YOUR **3.5-6 YEARS OLD**, ACTIVE & HAVING FUN WHILE THEY ARE AT HOME.



SmartKids' "Play-2-Learn" builds on 40+ years of experience demonstrating how learning through play is a powerful and effective approach to ensure children's healthy development, wellbeing, and learning.

Play can support the holistic development and resilience children need to thrive in a complex and constantly changing world.

Kind Regards, International Child Care & Learning Centres

QUICK SET UP ACTIVITIES

ART WALL

Why not try and construct this art wall from recycled materials (glued onto a large piece of recycled cardboard), and then mix your own paint colors to paint it.

SHADOW DRAWINGS

All you need is a few sheets of A4 (sticky taped together to make a long sheet). Pencils, and your child's favourite toys / animal figure (eg. dinosaurs). This is an opportunity to get outside in the sunshine and explore science and maths concepts at the same time!

Children learn that shadows are made when an object blocks the light (science) and describe measure, record and compare the shapes and sizes of shadows (maths). You could also try creating shadows from your hands / feet/ head or body.

SPRAY BOTTLE TARGET

Items: Paper, tape, pencils, spray bottles, and water
Draw a target shape onto paper and tape to an outside wall or fence. Fill a spray bottle with water and turn the nozzle onto squirt. Encourage your child to squeeze the trigger and aim for the target shape.

FIND A FAIRY DOOR IN YOUR BACKYARD

Fairy gardens are the perfect way to add a little magic to your garden. You can create them in a container, a window box, or just plant them straight into the ground. The beauty is they pop up almost effortlessly overnight and the possibilities are endless.



FAIRY GARDEN

Fairy Gardens are miniature gardens, they are adapted from Japanese bonsai gardens, Fairy gardens took the idea of shaping and caring for a miniature tree for relaxations and created a new way of gardening. Because they are miniature, the idea is to welcome fairies and small creatures to enjoy them, just as you enjoy your garden.



JUNIOR LANDCARE – JUST FOR KIDS

The Just for Kids activities have been developed to help children at home and at school explore Junior Landcare and create their own ideas.

<https://juniorlandcare.org.au/just-for-kids/>

Kindergarten Games

Kindergarten is a great time to build foundational skills for reading, writing, math, and digital literacy. These games will engage your little learners with delightfully animated characters and exciting challenges as they explore letters of the alphabet, counting numbers, matching shapes, and much more.

<https://www.education.com/games/kindergarten/>

E-LEARNING FOR KIDS

This program integrates gaming and learning to make our courseware more effective. To make the learning fun we present our courses as a-learning journey; while acquiring all their new skills, the children travel around the world learning more about the 7 continents, countries, cities, oceans and cultures.

<https://www.e-learningforkids.org/>



ACTIVITIES WITH MINIMAL RESOURCES



PLAY "I SPY"

Start by saying " I spy with my little eye something beginning with.... or with the colour....."

MUSICAL STATUES

Play your child's favourite music and dance! Every now and then secretly press pause on the music. When the music stops encourage your child to freeze like a statue.



PAPER AEROPLANES

Can you fold a paper plane?! Why not have a go. Decorate your piece of paper first and then start folding. You could even have a friendly family competition with older sibling.... who's plane can fly the furthest.

<https://www.youtube.com/watch?v=1PVA2nPU60U>

5 CHEEKY MONKEYS

Use hands or dress ups / puppets if you have them or draw your own monkeys and create little pop stick puppets.

Sing and act out the 5 Cheeky Monkeys song with your child.

Five little monkeys sitting in a tree,
Teasing Mr. Crocodile: "You can't catch me!"
Along comes Mr. Crocodile
As quiet as can be and...
SNAPPED! that monkey right out of that tree!
Four, three, two, one..

https://www.youtube.com/watch?v=sy0Zr_UrFp0



15 LIMIT SETTING TIPS

FOR YOUR TODDLER OR PRESCHOOLER

In general, the most important thing you can do is focus on the positive things your toddler or preschooler does. Always give positive reinforcement about what he is doing RIGHT to encourage repeat behavior. For those testing moments, here are 16 limit setting tips for your toddler or preschooler:

1. Focus on behavior, not the child
2. Be direct and specific
3. Use your normal voice
4. Tell him the consequences
5. Make sure he understands
6. Don't argue
7. Limit choices
8. Use a timer
9. Hold Firm
10. Allow cool-off time
11. Don't be afraid to apologize
12. Don't think it's you
13. Immediate Consequences
14. Be Consistent
15. Relate consequences
16. Don't keep going at your child - Don't harp

The whole article can be read at <https://www.babysleepsite.com/toddlers/limit-setting-toddler/>

At SmartKids, we "Play to Learn" and prepare children for the future, both academically, emotionally and behavioral. Our daily classes start from 18 months old, with flexible programs. We have an International program and a Dual-Language program.

Are you interested in a facility tour or more detailed Information please contact us on 0903 957 316 – yoko@smarkids.com.au or Yen 0909 596 075

