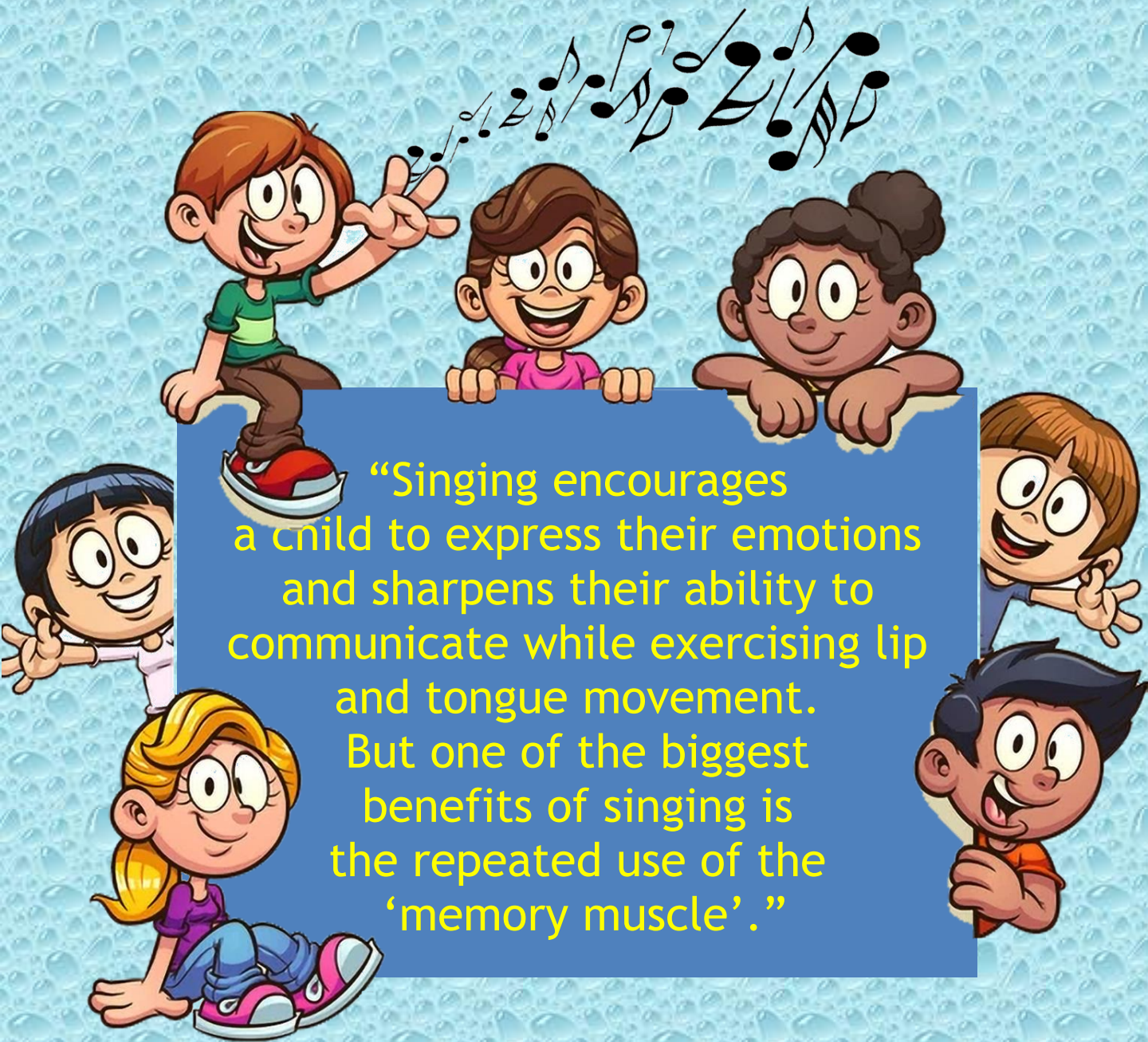




SING!

a collection of our favourite songs and nursery rhymes



“Singing encourages a child to express their emotions and sharpens their ability to communicate while exercising lip and tongue movement. But one of the biggest benefits of singing is the repeated use of the ‘memory muscle’.”

Very early in their life, children will start to identify rhythm and even move to the beats of music. Besides that, music provides cognitive benefits that support children's early development.

Here are the top three reasons why music can be beneficial to the development of a child.

1. MUSIC INCREASES TODDLER'S SENSORY DEVELOPMENT

Just as taste, textures and colours aid a child's sensory development, so does music. Exposing your child to different types of music can help create more pathways between the cells in their brains. This effect increases even more when you link music to different activities such as dancing, walking down the stairs etc.

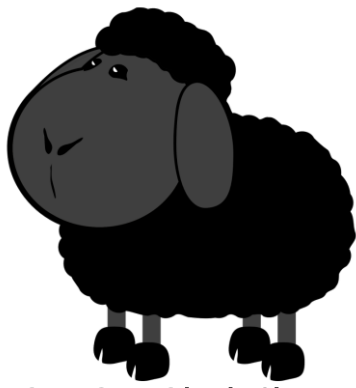
2. MUSIC CAN IMPROVE LITERACY AND NUMERACY

From an early age, babies can hear the difference between different types of sounds. After just a few weeks, a baby is able to identify their mother's voice from other people's. Exposure to music enhances a child's natural ability to decode sounds and words. By singing nursery rhymes to your child, you can help them to identify sound patterns and learn through repetition. In addition to that, music also helps children anticipate what is coming next in a poem or a song and they know how to put these patterns in a sequence. By mastering these skills, children build the base of literacy and numeracy.

3. MUSIC IS A MOOD LIFTER

A lot of parents tuck their children in with a lullaby or calm them down with a song. Just as music can soothe a child, it can also lift their spirit.

Tip: You can use music to indicate play time, sleep time or different moments in your child's daily schedule.



Baa Baa Black Sheep

Baa Baa black sheep have you any wool?

*Yes sir, yes sir, 3 bags full
One for the master, one for the dame,
and one for the little boy/girl who
lives down the lane.*

*Thank you said the master, thank you
said the dame, and thank you said the
little boy/girl who lives down the lane.*



Here's a House

*Here's a house with a wall, with a
wall, with a wall.*

*Here's a house with a floor, with a
floor, with a floor*

*Here's a house with a roof, with a roof,
with a roof!!!!*

Whooooaaaa! (crash hands down)

*There's no house anymore, anymore,
there's no house anymore.*



Little Peter Rabbit

*Little Peter Rabbit had a fly upon his nose,
Little Peter Rabbit had a fly upon his nose,
Little Peter Rabbit had a fly upon his nose,
so he flipped it and he flopped it, and it
flew away!*

*Little Peter Rabbit had a very floppy ear..
Repeat x 2, So he flipped it and he flopped
it and it stood right up!*

*Little Peter Rabbit had a prickle in his paw,
Repeat x 2, so he pulled it and he pulled it
and it came right out!*



Twinkle, Twinkle Little Star

*Twinkle twinkle little star
How I wonder what you are.
Up above the world so high
Like a diamond in the sky.
Twinkle twinkle little star
How I wonder what you are.*



Once I Caught A Fish Alive

1, 2, 3, 4, 5 Once I caught a fish alive!
6, 7, 8, 9, 10 then I let him go again.

Why did you let him go?
"Because he bit my finger so"
Which finger did he bite?
This little finger on my right!



5 Fat Sausages

(Hold up 5 fingers)

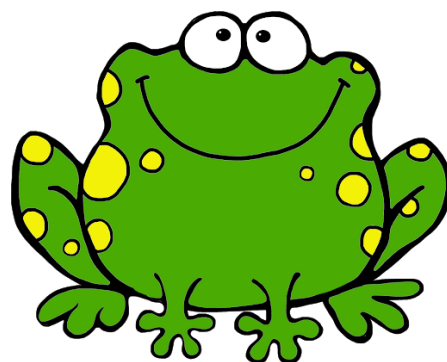
5 fat sausages frying in a pan
Sizzle, sizzle, sizzle, sizzle
One went bang! (clap hands)
Repeat with 4...3...2....1 fat sausages.



Dingle Dangle Scarecrow

When all the cows were sleeping and the sun had gone to bed, up jumped the scarecrow and this is what he said, "I'm a dingle dangle scarecrow with a floppy floppy hat, I can shake my hands like this, and shake my feet like that."

When all the hens were roosting and the moon behind a cloud, up jumped the scarecrow, and shouted very loud, "I'm a dingle...." etc



fiarlomp

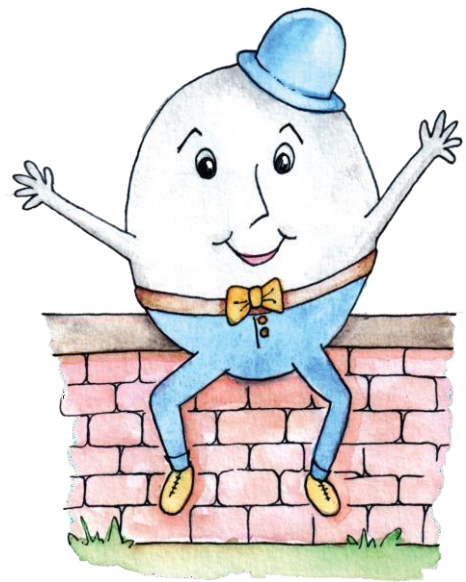
fiarlomp went the little green frog last night, fiarlomp went the little green frog, fiarlomp went the little green frog last night and his eyes went gloomp, gloomp, gloomp. But, we all know frogs go (clap) lay de dah deed ah Repeat from clap. They don't go gloomp, gloomp, gloomp.



Mr. Jumping Jack

Mr. Jumping Jack is a funny man
He jumps up and down as fast as
he can.

His arms go up, his legs go too.
Mr. Jumping Jack
How do you do?



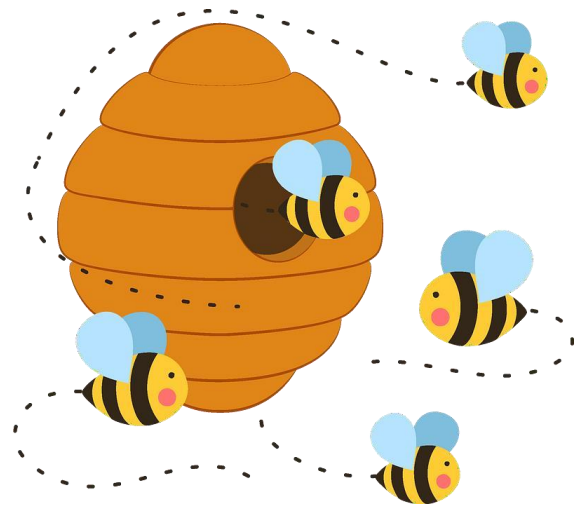
Humpty Dumpty

Humpty Dumpty sat on a wall
Humpty Dumpty had a great fall
All the King's horses
And all the King's men,
Couldn't put Humpty together again.



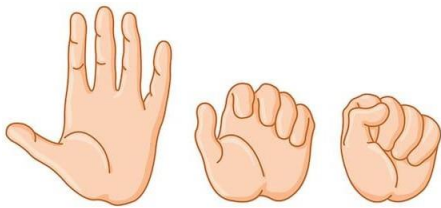
Hickory Dickory Dock

Hickory Dickory Dock
The mouse ran up the clock,
The clock struck one,
The mouse ran down.
Hickory Dickory Dock



Here is the Beehive

Here is the beehive, but where are
all the bees. They are hiding away
where no body sees. Watch them
come creeping out of their hive,
1, 2, 3, 4, 5
Bzzzzzzzz!



Open, Shut Them

Open, shut them, Open, shut them
fiive a little clap.

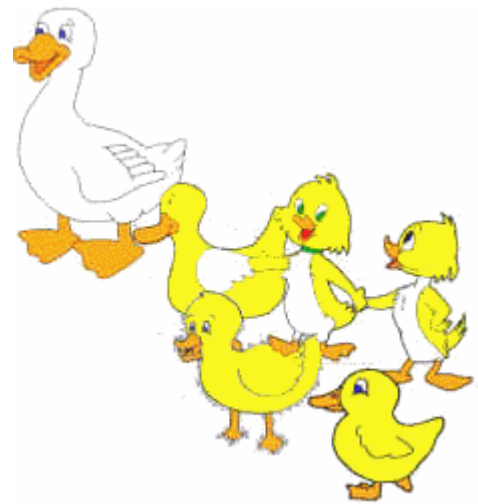
Open, shut them, Open, shut them
Lay them in your lap.

Creep them, creep them, creep them,
creep them, right up to your chin.

Open wide your little mouth,
but do not let them in.

Shake them, shake them, shake them,
shake them, shake them just like this.

Roll them, roll them, roll them, roll them,
Blow a little kiss!



5 Little Ducks

5 little ducks went out one day
Over the hills and far away
Mother duck said
“Quack, Quack, Quack”
But only 4 little ducks came back.
Repeat song: 4, 3, 2, 1



5 Cheeky Monkeys

5 cheeky monkeys swinging through the
tree, teasing Mr. Crocodile “you can’t
catch me, you can’t catch me.”

Along comes Mr. Crocodile swimming
through the swamp, along comes Mr.
Crocodile,

“Chomp, chomp, chomp”!

(Repeat 4, 3, 2, 1, 0 cheeky monkeys.)



I Can Sing A Rainbow

Red and yellow and pink and green,
purple and orange and blue.
I can sing a rainbow, sing a
rainbow, sing a rainbow too!



I'll Take You Riding In My Car

I'll take you riding in my car, car

Repeat x 2

I'll take you riding in my car!

Engine it goes brrmm, brrmm

Repeat x 1

Brrm, Brrm, chugga chugga, brrmm
brrmm

I'll take you riding in my car!

Horn it goes beep, beep etc

Windscreen wipers go swish, swish etc



Old McDonald Had A Farm

Old McDonald had a farm, e,i,e,i,o

And on that farm he had a cow

e,i,e,i,o, with a moo, moo here and a
moo, moo there. Here a moo, there a

moo, everywhere a moo, moo. Old

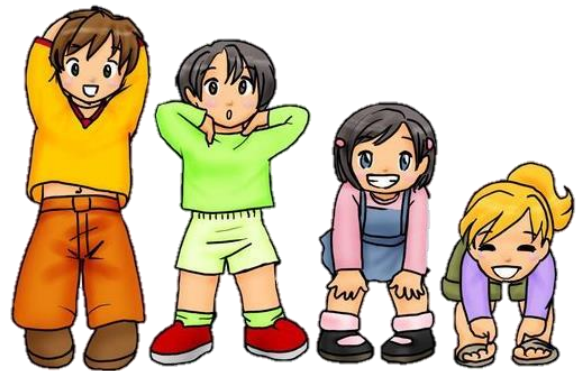
McDonald had a farm e,i,e,i,o.

Repeat using other animals.



Mr. Frog

Mr. Frog jumped out of his pond one day and found himself in the rain. Said he "I'll get wet and I might catch a cold....aaachoo! So he jumped in his pond again.

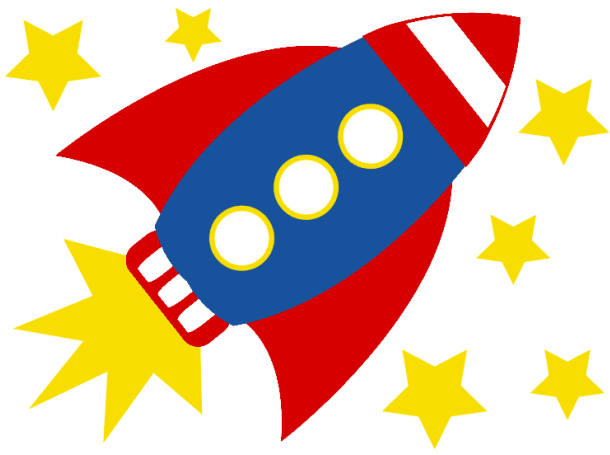


Heads, shoulders, knees and toes
(Italian)

Testa spalle ginocchi e ditti
(Heads & shoulders, knees & toes)
fiinocchi e ditti, ginocchi e ditti
(Knees & toes, knees & toes)

Repeat from top.

Battiamo le mano insieme
(We all clap hands together)



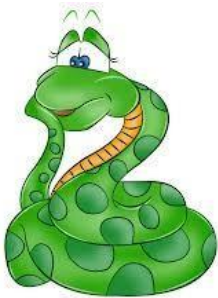
I'm a little rocket

*I'm a little rocket and I am glad
Soon I'll blast off from my pad
When I get all revved up,
Hear me roar
Up, up up I go
Watch me soar!*



Five Little Candles

*Five little candles straight and tall,
Burning brightly count them all
(count fingers)
Pouf! I blow with all my might,
and out goes one little candle light.
Repeat song 4, 3, 2, 1,*



Boa Constrictor

*I'm being eaten by a boa constrictor, a
boa constrictor, a boa constrictor. I'm
being eaten by a boa constrictor and I
don't like it one bit!
Oh no! He's up to my toe
Oh fiee! He's up to my knee
Oh Fiddle! He's up to my middle
Oh Heck! He's up to my neck
Oh dread! He's over my head!
fiulp!!!*



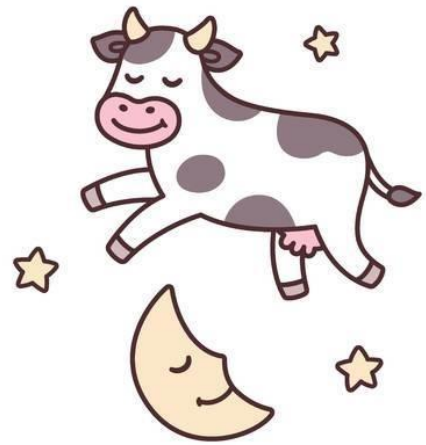
Five green speckled frogs

*Five green speckled frogs, sat on a
speckled log eating some most delicious
bugs. Yum Yum!
One jumped into the pool where it was
nice and cool, now there are three green
speckled frogs, glub, glub.
Repeat with 4,3,2,1
Then there were no green speckled frogs.*



Little Miss Muffet

Little Miss Muffet sat on her tuffet
Eating her curds and whey.
When along came a spider who sat
down beside her and frightened Miss
Muffet away.



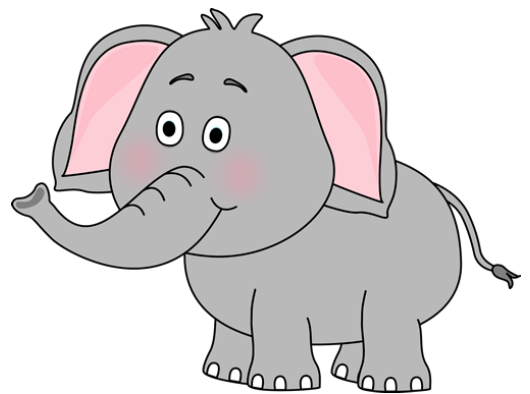
Hey Diddle Diddle

Hey diddle diddle,
the cat and the fiddle, the cow jumped
over the moon.
The little dog laughed to see such fun,
and the dish ran away with the spoon.



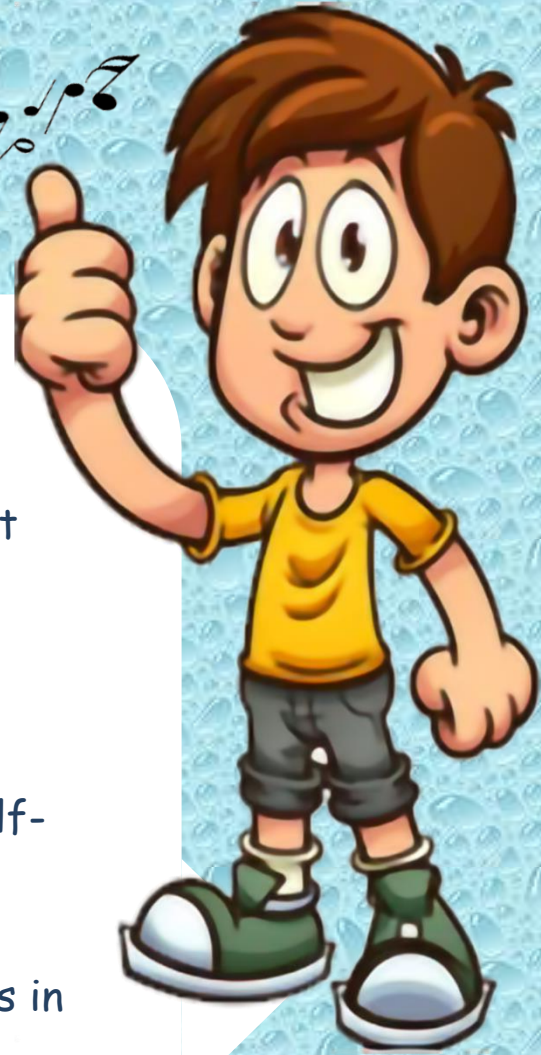
A - Jump

A - Jump, A - Jump, A - Jump,
A turning around and then,
A - Jump, A - Jump, A - Jump,
A turning around again.
Repeat with: A clap,
A shake,
A slide,



Heigh-Di-Ho

Heigh-Di, Heigh-Di-Ho, the great big
elephant is so slow.
Heigh-Di, Heigh-Di-Ho, the great big
elephant is so slow.
He swings his trunk from side to side,
as he takes the children for a ride.
Heigh-Di, Heigh-Di-Ho, the elephant
is so slow.



5 amazing reasons why you should sing with children!

1. Singing enhances the child-parent or child-teacher bond
2. Singing improves communication
3. Singing is a form of emotional self-regulation.
4. Singing helps reduce stress levels in parents and educators
5. Singing improves cognitive development



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